

Coaching Services Terms and Conditions

Realignment Life Coaching LLC | Juli Schneider MD

These Terms and Conditions govern your purchase and participation in coaching services provided by [Realignment Life Coaching LLC](#), operated by Juli Schneider, MD ("Coach," "we," "us," or "our"). By booking, paying for, or participating in a session, you agree to these Terms. If you do not agree, please do not book or use the services.

1 Coaching Services

Coaching is a collaborative, forward-looking process designed to support insight, goals, and action. Services may include individual virtual coaching sessions, complimentary consultations, and the packages listed at the time of booking. The scope, number of sessions, and fee for a particular service are shown in the applicable booking page or written confirmation.

Coaching is not psychotherapy, counseling, medical care, diagnosis, treatment, or crisis care. Participation does not create a physician-patient, therapist-patient, or other clinical relationship. Even though Juli Schneider MD is a licensed physician she is not operating in a professional licensed capacity and does not provide medical or psychological care while delivering the services offered by [Realignment Life Coaching LLC](#). You agree that you will not use coaching as a way of diagnosing or treating mental disorders as defined by the American Psychiatric Association. If you are in therapy or under the care of a mental health professional, it is your responsibility to notify and consult with the mental health care provider regarding your decision whether to work with a coach.

Coaching is not a substitute for medical, mental-health, legal, financial, or other professional advice. If support in any of these realms would be helpful, you are responsible for seeking care/and or counsel from an appropriately licensed professional.

In an emergency, call 911 or your local emergency number, or go to the nearest emergency department.

2 Eligibility and Client Responsibilities

You must be at least 18 years old to participate. You are responsible for your own decisions, actions, well-being, and results. You agree to provide accurate information, participate respectfully, and promptly tell the Coach if you believe coaching is no longer appropriate for your needs.

Coaching does not promise a particular personal, professional, financial, or other outcome. Results depend on many factors, including your own participation and circumstances. You are responsible for your own financial, legal, physical, mental and emotional well-being, decisions, choices, actions and results.

3 Fees Payment and Scheduling

Fees are stated at the time of booking and are payable through the approved payment method unless another written arrangement is made. You authorize the payment processor to charge the fee for the service you select. The Coach may decline, pause, or end services if payment is not received as agreed.

Sessions are scheduled through the booking system or by written agreement. You are responsible for having a private location, reliable internet connection, and the technology needed for virtual sessions.

4 Cancellations Rescheduling and Missed Sessions

Please reschedule or cancel your session at least 24 hours in advance. Sessions cancelled, rescheduled, or missed with less than 24 hours' notice are not eligible for a refund or transfer.

Coaching package fees are not refundable for unused sessions. Sessions in each package offered expire after 6 months from booking. Emergencies, illness or other extenuating circumstances will be considered on a case-by-case basis.

5 Confidentiality and Virtual Communication

The Coach will treat information you share in coaching as confidential and will not intentionally disclose it without your permission, except as required by law, to prevent a serious and imminent threat of harm, or to obtain

professional or legal advice while protecting your privacy where reasonably possible. If you report a threat of self-harm or harming someone else, necessary actions will be taken, and this confidentiality agreement will not limit this capacity.

Coaching communications are not protected by physician-patient, therapist-patient, attorney-client, or other legal privilege. Email, video, and other electronic communications carry privacy and security risks. You agree to use a private setting and protect your own devices and account access. Do not record a session without the Coach's prior written permission.

6 Materials and Intellectual Property

Any worksheets, written materials, recordings, or other resources (including this “Coaching Services Terms and Conditions”) supplied by the Coach remain the Coach's intellectual property unless stated otherwise. You receive a limited, personal, non-transferable right to use them for your own purposes. You may not reproduce, share, sell, publish, record, or distribute them without prior written permission. Any suggested reading material or source is a suggestion and it is your choice to use or read any suggested material and do so at your own risk.

7 Respectful Conduct and Termination

Services are intended to be respectful and free of harassment, discrimination, threats, or abusive conduct. The Coach may end a session or terminate services if conduct is unsafe, unlawful, repeatedly disruptive, or inconsistent with these Terms, and there will be no refund conveyed if prepaid package services are terminated for the reasons stated above. If services are ended, the Coach will address any remaining prepaid, unused sessions in accordance with the cancellation and package policy and applicable law.

8 Limitation of Liability

To the fullest extent allowed by law, the Coach is not liable for indirect, incidental, special, consequential, or punitive damages arising from or related to coaching services. If the Coach is found liable for a claim related to the services, the Coach's total liability will not exceed the amount you paid for the services giving rise to that claim. Nothing in these Terms limits rights that cannot legally be limited.

9 Changes Governing Law and Contact

The Coach may update these Terms for future services by posting an updated version on the website or providing notice. The version in effect when you book governs that purchase unless a later written agreement says otherwise. These Terms are governed by the laws of North Carolina without regard to conflict-of-law rules. Any dispute will be brought in the state or federal courts located in Durham NC, unless the parties agree otherwise in writing.

Questions about these Terms may be sent to realignmentlc@gmail.com.

10 Acceptance

By checking an agreement box, completing a booking, making payment, or participating in a coaching service, you confirm that you have read, understood, and agreed to these Terms and Conditions.